



## WETTKAMPFABLAUF

### FINAL COMPETITION SCHEDULE

19<sup>TH</sup> MAY 2018, LUGNER CITY, VIENNA, AUSTRIA

#### **9<sup>th</sup> INTERNATIONAL AUSTRIAN CHAMPIONSHIPS and AUSTRIAN NATIONAL CHAMPIONSHIPS**

**AUSTRIAN NEWCOMER CHAMPIONSHIPS Model Physique (F) / Sport Physique (M) 2018**

**EC-Qualifier for 9<sup>th</sup> WBPf – European BB & Physique Sports Championships Samorin/Slovakia**

	10:00 – 12:00	Registration/weigh-in
	13:00 – 13:10	Athletes meeting
	13:30	Judges meeting
1	14:00 - 14:05	All athletes and models on stage - Opening presentation and speeches
2	14:05 - 14:10	Introduction of judges, officials and VIPs
3	14:10 – 14:15	Austrian Newcomers Championships women´s Model Physique open Individual walk-in followed by Quarter turns
4	14:15 - 14:20	Women´s Model Physique -160cm Individual walk-in followed by Quarter turns
5	14:20 - 14:25	Women´s Model Physique -165cm Individual walk-in followed by Quarter turns
6	14:25 - 14:30	Women´s Model Physique -170cm Individual walk-in followed by Quarter turns
7	14:30 - 14:35	Women´s Model Physique +170cm Individual walk-in followed by Quarter turns
8	14:35 - 14:40	Women´s Sport Physique – 165cm Individual walk-in followed by Quarter turns
9	14:40 - 14:45	Women´s Sport Physique +165cm Individual walk-in followed by Quarter turns
10	14:45 - 14:50	Women´s Athletic Physique -165cm/+165cm quarter turns/compulsory poses
11	14:55 - 15:25	Award ceremony: Austrian Newcomers Championships women´s Model Physique open Women´s Model Physique – 160 cm Women´s Model Physique – 165 cm Women´s Model Physique – 170 cm Women´s Model Physique + 170 cm Women´s Sport Physique – 165 cm Women´s Sport Physique + 165 cm Women´s Athletic Physique -165cm Women´s Athletic Physique +165cm
12	15:30 – 15:35	Junior Men´s Bodybuilding – 75 kg/+75 kg Introduction followed by Posing routines
13	15:35 – 15:40	Junior Men´s Bodybuilding -75kg/+ 75 kg Compulsory poses and pose-down

14	15:40 – 15:50	Masters Men's BB (40-49 -/+ 80kg/ +50/+60 years) introduction followed by routines
15	15:50 – 15:55	Masters Men's BB (40-49 -/+ 80kg/ +50/+60 years) compulsories/posedown
16	15:55 – 16:05	Austrian Newcomers Championships Men's Sport Physique open Individual walk-in followed by Quarter turns
17	16:05 – 16:15	Men's Sport Physique open Individual walk-in followed by Quarter turns
18	16:15 – 16:30	Men's Athletic Physique open introduction followed by routines
19	16:30 – 16:35	Men's Athletic Physique open compulsory poses/posedown
20	16:35 – 16:40	Battle of Physiques <b>Armin the Giant</b> Gangl vs. <b>Mario the Livereporter</b> Batka
21	16:40 – 16:45	Award ceremony Battle of Physiques
22	16:45 - 16:55	Men's BB - 80kg introduction followed by routines
23	16:55 – 17:00	Men's BB - 80 kg compulsory poses/posedown
24	17:00 - 17:10	Men's BB - 90 kg introduction followed by routines
25	17:10 - 17:15	Men's BB - 90 kg compulsory poses/posedown
26	17:15 - 17:25	Men's BB - 100 kg introduction followed by routines
27	17:25 - 17:35	Men's BB – 100 kg compulsory poses/posedown
28	17:35 - 17:45	Men's BB + 100 kg introduction followed by routines
29	17:45 - 17:55	Men's BB + 100 kg compulsory poses/posedown
30	17:55 - 18:15	Award ceremony: Junior Men's BB -75kg/+75kg Master Men's BB (40-49 -/+ 80kg/ +50/+60 years) Austrian Newcomers Championships Men's Sport Physique open Men's Sport Physique open Men's Athletic Physique open Men's BB – 80 kg Men's BB – 90 kg Men's BB – 100 kg Men's BB + 100 kg
31	18:15 - 18:20	Women's Physique Overall, Intro, walk-in, quarter turns, show-down
32	18:20 - 18:30	Men's BB overall introduction, compulsory poses/pose-down
33	18:30 -18:35	Award ceremony Women's Physique overall Men's BB overall
34	18:35 - 18:40	Team announcement WBPF European Championships Samorin/Slovakia
35	18:40	Closing of the Championships

**Note:** This schedule is not cast in stone, times may vary, athletes have to be ready to go on stage any time!